



KYOKUSHIN SWISS FEDERATION

DIABLERETS SWISS WINTER CAMP 2020



DATES

From Friday October 30 to Sunday November 1, 2020

PLACE

Chalet "les Bosquets" - Les Diablerets (Switzerland) <http://www.lesbosquets.ch/>

REGISTRATION

On Excel form to download on <http://www.kyokushinkai-france.com/calend.htm> (on the date of the camp).

The chalet offers around fifty accommodation and meal places.

The registrations will be validated in the order of reception of the forms which must be returned at the same time by e-mail to the two eMails:

fkok.kron@gmail.com

and

henri.jotterand@tvmail.ch

Deadline for receipt of registration file: Friday October 15

Thank you for your understanding

INSTRUCTORS

- Bertrand Kron Shihan (7th Dan); Tommaso Schirinzi Shihan (6th Dan); Alexis Fréchin Shihan (5th Dan)
- Surprise guests like "DJ" Shihan...

PRICES

The residential registration price includes accommodation, meals, Sayonara Party with possibility of snacks Sunday noon.

Please remember to specify at registration if you will be present at 7:00 p.m. for the Friday evening meal and your wishes for room distribution (4 to 6 people).

IMPORTANT - When the accommodation capacities of the chalet are saturated, it is possible to come to the camp, but accommodation and meals will be at the expense and under the reservation responsibility of the participants concerned (do not hesitate to contact us for assistance).

1. **CAMP WITH ACCOMODATION** – To be paid to Kyokushin Swiss Federation - **120 €** - bank swift (Mention Diablerets)
2. **ONLY CAMP** – To be paid to Kyokushin Swiss Federation - **20 €** - bank swift (Mention Diablerets)

Postfinance 3030 Berne (compte : Académie de Karaté AKKL - 1024 Ecublens

IBAN CH90 0900 0000 1002 0573 4

BIC: POFICHBEXXX

RANK TEST – To be paid to FKOK according to the online forms you can download on the Federal Calendar

PROGRAM

Friday	
3:00 p.m.	Board meeting
9:00 p.m.	Workshop internship
Saturday	
7:00 a.m.	Course
9:15 a.m.	1st group – Rank test Kihon & Kata
9:15 a.m.	2nd group – Course
2:30 p.m.	Shiwari, Stamina and Kumite
7:00 p.m.	FKOK General Assembly
9:00 p.m.	Sayonara dinner and graduation ceremony
Sunday	
9:30 a.m.	Course
12:00 p.m.	Pictures

RANK TEST

In view of the cancellation of the May world graduation, the 2020 internship will be completed by a graduation from 2nd Kyu to 4th Dan for those interested.

Given the limited number of places in the Chalet, it is strongly recommended that candidates for graduation register as soon as possible.

NOTA BENE - Registration for the internship must be made **before or at the same time** as registration for the graduation.

Deadline for receipt of registration file for rank test: Friday, September 30th